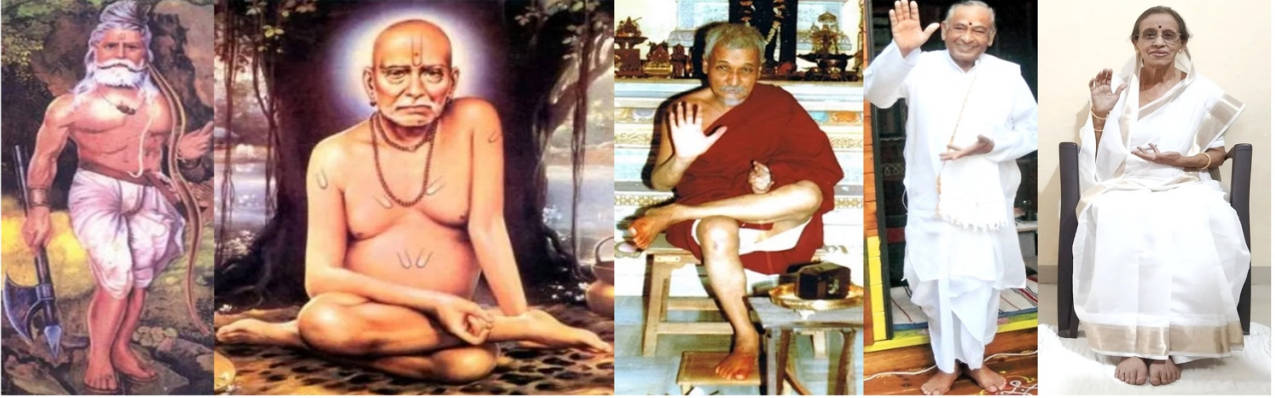




## Shree Rudra Yaag



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## Shree Rudra Yaag

### VYAAHRUTI HOMAM

Bhoohu Swaaha agnaye idam na mama |  
Bhuvah Swaaha vaayave idam na mama |  
Svah Swaaha sooryaaya idam na mama |  
Bhoor-bhuvah svah Swaaha prajaapataye idam na mama ||

### GURU PRAARTHANAA

Om Shree Gurubhyo Namaḥ  
Om gurur-bramhaa gurur-vishṇuḥ gurur-devo maheshvaraḥ |  
Gurur-saakshaat parabrahma tasmai shree gurave namaḥ ||  
Brahmaa-naṁdam parama-sukhadam kevalam jñana-moortim |  
Dvandvaa-teetaṁ gagana-sadrusham tatva-masyaadi lakshyam |  
Ekaṁ nityam vimalam-achalam sarvadhee saakshi-bhootam |  
Bhaavaa-teetaṁ triḡṇa-rahitam sadguruṁ tan-namaami ||

### GURU STUTI

Om namaste shreeguru sarva lokaa-shrayaaya |  
Namaste sadguru vishva-roopaatmakaaya ||

Namo advaita tatvaaya mukti-pradaaya |  
Namo sadguru brahmane nirḡṇaaya ||

Tvamekaṁ sharaṇyam tvamekaṁ vareṇyam |  
Tvamekaṁ jagat kaaraṇam vishvaroopam ||

Tvamekaṁ jagat kartru-paataa-prahartaa |  
Tvamekaṁ param nishchalam nirvikalpam ||

Tvam achintyam avyattkam parabrahma svaroopam |  
Tvam anantaṁ prashaantaṁ amrutaṁ brahma-roopam ||

Tvam aadi-madhyanta-rahitam chidaananda-roopam |  
Tvam sanaatanam shaashvataṁ brahma-roopam ||



Jagadguru vishvakartaa mahaatmaa |  
Sadaa samsthitah hrudaye mama ||

Hrudaa maneeshah manasaabhi-klupto |  
Ya etad vidur amrutaaste bhavanti ||

Tvam eeshvaraanaam paramam maheshvaram |  
Tvam devataanaam paramam cha daivatam ||

Paresham prabho sarva vishvaa prakaashee |  
Bhavaambhodhi-potam sharanyam vrajaamah ||

Punarapi sharanyam vrajaamah |  
Punah punarapi sharanyam vrajaamah ||

## **VEDOKTA GANAPATI DHYAANA, AAVAAHANA, PRAANA-PRATISHTHA MANTRA**

Om Shree Ganashaaya Namaḥ ||  
Om gaNaanaam tvaa gaNapatigañ havaamahe kaviṃ kaveenaa-mupa-mashra  
Vastamam | jyeshṭha-raajam brahmaṇaam brahmaṇa-spata aa naḥ shruṇvan  
Nootibhiḥ-seeda-saadanam  
Om Shree mahaa-gaṇaadhi-pataye namaḥ ||

## **VEDOKTA AGNI DHYAANA, AAVAAHANA, PRAANAPRATISHTHA MANTRA**

Om chatvaari shrungaa | trayo asya paadaa | dve shirase sapta hastaah'so asya |  
Tridhaa badhdo vrushabho roraveeti | mahodevo martyaam aavivesha ||

## **VYAAHRUTI HOMAM**

Bhoohu Swaaha agnaye idam na mama |  
Bhuvah Swaaha vaayave idam na mama |  
Svah Swaaha sooryaaya idam na mama |  
Bhoor-bhuvah svah Swaaha prajaa-pataye idam na mama ||



## **Shree Bhaargava Kavacham** **Om Shree GaNeshaaya Namaḥ |**

### **SHREE NAARAYANA UVAACHA |**

Kailaasa-shikhare ramye shaṅkaraṃ loka shaṅkaraṃ |  
Kaivalya-charaṇaṃ gauree papraccha hita-madbhutam

### **PAARVAT-YUVAACHA**

Devadeva mahaadeva devesha vrushabha-dhvaja |  
Tvattaḥ shrutaanya-sheshaaNi jaama-dagnyasya saampratam  
Hare-raṃshaa-vateerṇasya Mantra-yantraadi-kaanyalam |  
Na shrutaṃ kavachaṃ deva na choktaṃ bhavataa mama  
Vaktu-marhasi devesha bhaktaayai guhya-mapyuta |  
Iti prusṭaḥ sa girisho Mantra-yantraaṅaga-tatvavit  
Uvaacha prahasan-deveeṃ hitaaya jagataa-midam |  
Rahasya-mapi hi brooyur-lokaika-hitadrua-shṭayah ||

### **SHIVA UVAACHA**

Shruṇu priye priyamidaṃ mama guhya-taraṃ param |  
Dharmaartha-kaama-mokshhaaṅaam-anaayaasaṃ susiddhidam  
Eka-mau-payikaṃ manye vishṇu-vakshaḥ-sthalaalayaam |  
Shriyamaakrashtu-kaamaanaam-idaṃ kavacha-muttamam  
Ekaata-patra-sahitaṃ ya icchet-saagaraam-baraam |  
sa jaamadagnya-kavachaṃ nityamaa-vartayennaraḥ  
Uddaṇḍa-shastra-dordaṇḍa-prachaṇḍa-ripu-maṇḍalam |  
Kathaṃ jayeyur-veerendraaḥ kavachaanaa-vrutaaṅaga-kaaḥ  
Para-prayukta-krutyaadi-doshaa bhootaa-dayoh'pi vaa |  
Prayaanti bheetaa raamasya varmaṅaa veekshya rakshitam  
Kimanyaiḥ kavachair-devi kimanyair-manu-bhishcha vaa |  
Jaamadagnyaḥ paraṃ yasya daivataṃ bhrutya-vatsalaḥ  
Kavacha-syaasya girije rushyaa-dinyaasa-kalpanam |  
Moola-mantroakta-vidhinaa kaarayet-saadha-kottamaḥ ||

Asya Shree bhaargava kavachastotra Mantrasya |  
Aṅgiraā rushiḥ bruhatee chandaḥ | Shreemaāñ-jaamadagnyo devataa  
Shree bhaargava raama preetyarthe bhaargava kavacha stotrajape viniyogaḥ



## **ATHA KARANYAASAH**

raam raamaaya namaḥ aṁṅushṭaa-bhyaam namaḥ  
raam raamaaya namaḥ tarjaneebhyaam namaḥ  
raam raamaaya namaḥ madhyamaa-bhyaam namaḥ  
raam raamaaya namaḥ anaamikaa-bhyaam namaḥ  
raam raamaaya namaḥ kanisṭṭikaa-bhyaam namaḥ  
raam raamaaya namaḥ karatala-kara-prushṭhaabhyaam namaḥ

## **ATHA SHHADAN GANYAASAH**

raam raamaaya namaḥ hrudayaaya namaḥ  
raam raamaaya namaḥ shirase Swaaha  
raam raamaaya namaḥ shikhaayai vashaḥ  
raam raamaaya namaḥ kavachaaya hum  
raam raamaaya namaḥ netratrayaa-ya vaushaḥ  
raam raamaaya namaḥ astraaya phaḥ

## **ATHA DHYAANAM**

Uddordaṇḍa-chalatkūṭhaara-shikharas-phaara-sphuliṅ gaṅkura |  
Vraataa-mogha-mahaastra-naashit-jagad-vidveshi-vaṁshaa-ṭaveem |  
Vande bhaargava-mugrakaar-mukadharam shaantaṁ prasannaanam |  
Veera-Shree-parichumbya-maana-mahita-sva-brahma-tejonidhim ||

Om jaamadagnyaḥ shiraḥ paatu paatu moordhaana-moordhvadruk |  
Lalaṭaṁ lalitaḥ paatu bhruvau bhrutyaarti-naashanaḥ Swaaha || 1

Shravasee sushravaa meh'vyaat-karṇau karṇaanta-lochanaḥ |  
Netre gotraartihaa meh'vyaa-llochane bhava-mochanaḥ Swaaha || 2

Gaṇḍe me khaṇḍa-parashuḥ kapolau paatu sheelavaan |  
Naase sunaasaḥ paayaanme, naasike daasa-vatsalaḥ Swaaha || 3

Rasanaam rasarupoh'vyaadra-sajñāam reṇukaa-sutaḥ |  
Adharau paatu me nitya-madharee-kruta-shaatravaḥ Swaaha || 4

Vaktraṁ chitra-charitroh'vyaad-dantaan-danteṁdra-vikramaḥ |  
Chubukaṁ ripujit-paatu greevaam Shree-vatsala-añchanaḥ Swaaha || 5



Skandhau me skanda-vijayee kakshe me kshatri-yaantakah |  
Bhujau me satatam paatu sahastra-bhuja shaasanaḥ Swaaha || 6

Karau hitakarah paatu paaNee kshoNee-bharaa-pahah |  
Aṅguleer-maṅgala-guṇo nakhaani makha-krunmama Swaaha || 7

Vakshaḥ paatu maaaa-bheekshṇam kshata-jaabhishava-priyah |  
Urah purusha-veero me paarshvau paatu parashvadhee Swaaha || 8

Udarastha-jagat-paayaad-udaram mama sarvadaa |  
Bhayaapahoh'vyaannaa-bhiṃ me madhyam nidhyaata-visṭapaḥ Swaaha || 9

Liṅgam shaṃkara-shishyoh'vyaad-upastham nistula-prabhah |  
Paayva-paanam cha me paayaat-saayakaa-sanavaan-sadaa Swaaha || 10

Triḥ sapta-krutvah kulahaa trikam meh'vatu sarvadaa |  
Paramesh-ṭhyavataat-prushṭham piṭharam druḍha-vikramah Swaaha || 11

Uru meru-samah paatu jaanoo me jagataam patih |  
Jaṅghe samghaata-hantaa-vyaat-prapade vipada-antakah Swaaha || 12

Paadau me paada-chaarya-vyaa-ccharaṇau karuṇaa-nidhiḥ |  
Paada-aṅguleeh paapahaa me paayaat-paadatale parah Swaaha || 13

Parashva-dhadharah paayaad-raamah paada-nakhaani me |  
Poorvaabhi-bhaashee maam paayaat-poorvasyaam dishi samtatam Swaaha || 14

Dakshiṇa-syaamapi dishi Daksha-yajña-antaka-priyah | pashchi-  
Masyaam sadaa paayaat-paashchaat-yaambudi-mardanaḥ Swaaha || 15

Vittesha-raakshitaa-shaayaam paayaan-maam sattama-architah |  
Sarvataḥ sarvajit-paayaan-mamañ gaani bhayaat-prabhuḥ Swaaha || 16

Mano mahendra-nilayash-chittam me drupta-naashanaḥ |  
Buddhiṃ siddhaar-chitah paayaad-ahaṃtaa-manahamkrutiḥ Swaaha || 17

KarmaaNi kaarta-veeryaarir-helaam haihaya-vaṃshahaa |



Haratva-moghadruñ mohaṃ krodhaṃ cha krodha-darpahaa Swaaha || 18

Shriyaṃ karotu me Shreeshahaṃ pushtim me pushti-varadhanah |  
Saṃtaanaṃ satataṃ dadyaad-bhrugu-saṃtaana-bhooruhah Swaaha || 19

Aayoomshi me vitanu-taadaaryah parama-purushah |  
Aashaam me poora-yatvaashu kashyapa-arpita-vishtapah |  
Shree-maan-parashu-raamo maam paatu sarvaatmanaa sadaa Swaaha || 20

## **PHALA SHRUTI**

Ityetat-kavacham divyam abhedyam Mantra-yantribhih |  
Kathitam devi te guhyam priyeti parama-adbhutam  
Na naastikaaya naadaatre na chaa-shraddhaalave priye |  
Deyaannaa-vineetaayai-tannaa-bhaktaaya kadaachana  
Naa-jaapakaaya naa-jnaatre naa-satyavachase kvachit |  
Naa-maalaa-mantriNe devi pradeyam naa-pyamantriNe  
Deyam shraddha-lave bhaktyaa praṇataaya nataatmane |  
Guṇaanvitaaya shuddhaaya Mantragoptre cha mantriNe  
Avashyametañ-japtavyam trisaṃdhyam niyamaan-vitaih |  
Mantra-vasaane Mantrajñai rachitam Mantra-siddhaye ||

Varmai-taccha japen-mantree japedvaa satataṃ manuh |  
Aasechitaa-diva tarorphalam naapnoti sadrasam  
Jayakaamo bhoorjapatre rakta-bindu-bhirujjalaih |  
Likhitvaa-vartayed-raatrau kavacham shata-saṃkhyayaa  
Saṃpoojya dhoopa-deepaadyair-dhyaatvaa cha hrudi bhaargavam |  
Haste badhvaa raṇam gatvaa vijaya-shriya-maapnuyaat  
Evam saṃprasthita-sya-asya vidyaa-vaade raNeh'pi vaa |  
Vaachas-patirvaa shakro vaa vashyah syaatki-mutaapare  
Athavaa tilakam krutvaa raktaksho-dena bhaamini |  
Kavache-naabhi-japtena gacchañ-jaya-mavaap-nuyaat ||

Shree-kaamastu mahendraa-drerdroNiṃ gatvaa mano-haraam |  
Tatra maṇḍala-maasthaaya chaṇḍa-bhaanum vilokayan  
Japedidaṃ mahad-varma pratyaham shata-saṃkhyayaa |  
Maṇḍalaante shriyam shreshthaam labhate bhaarga-vaajñayaa  
Siddhayo vividhaa-stasya divya-jyotir-lataalayah |



# FiveFold Path Mission Inc.



Sidhyanti siddha-vandyasya krupayaa vismayaa-vahaah  
Bhoota-preta-pishaachaa-shcha roga-shcha vividhaa-shubhaah |  
Drushta nrupaa-staska-raashcha vyaaghra-simha-gajaadayah  
Shree-mad-bhrugu-kulottam-sadam-shadam-shita-madrije |  
Drushta-vaiva hi palaayante mrutyum drushta-vaiva hi prajaah ||

Jaamadagnya-sya yo vaañchet-saannidhyam yogi-durlabham |  
Daaridrya-duhkha-shamanam samsara-bhaya-naashanam  
Sa mahendrasya shikhare snaatvo-pasthaaya bhaaskaram |  
Tan-madhyavartinam shaantam jataa-mandala-manditam  
Parashvadhya-dhanur-danda-raajitam-sadvaya-anvitam |  
Aksha-sootram subibhraanam dakshi-Neh'nguli-pallave  
Vaama-jaanu-talanyasta-vaama-paani-ku-sheshayam |  
Unmaja-jjala-jagreeva-mameelita-vilochanam  
Su-prasanna-mukhaam-bhojam susmitam pallava-adharam |  
Sundaram sumdaraa-paangam bhogi-bhoga-bhujadvayam ||

Bhaktaanu-graahakam devam jaama-dagnyam jagat-patim |  
Dhyaayanta-maatmana-atmaanam dhyaayet-pranata-vatsalam  
Atha dvaadasha-bhih punyair-naamabhih paapa-haaribhih |  
Japataa-mishadair-bhrutya-paarijatanam samarchayet  
Jaamadagnyo jagannetaa brahmanyam brahma-vatsalam |  
Kaarta-veerya-kulocchetta kshatra-varsha-prataapanam  
Vishvajid-deekshito raamam kashya-paashaa-sura-drumam |  
Parashva-dhadharah shaanto mahendra-krutaketanam  
Etair-dvaadashabhir-divyair-gaupyair-rabhyarchya naamabhih |  
Upatishtet-punar-guhyair-mukhyair-naama-bhireshvaram  
Kshipra-prasaada-jananai-shchatur-varga-phalodayaih ||

Hanta te sam-pravak-shyaami taanyapi prana-taasi yat |  
Imani gauri naamani sugopyani sataa-mapi  
Om hamsa-strayee-mayo dhaataa yogeendra-hrudayaa-layah |  
Tridhaamaa trigunaa-teeta-strimoorti-stri-jaganmayam  
Naaraayanam param brahma param tatvam paraat-param |  
Bhaargavo dharma-charano bharga-rupam sataam gatih  
Iti shodasha-bhih stutvaa naama-bhir-rushi-pungavam |  
Sarvaa-shisham patim devam sakalaa-bheeshta-daayakaih





Aatmaa-naṃ vinyasa-daṅgashva-nena kavachena saḥ |  
Mrugee-mudrikayaa dheemaan-vajra-saareṇa saaravit ||

Dasha-vaaraṃ pratidinaṃ masa-mekaṃ samaacharet |  
Svapne pashyati deveshāṃ bhaargavaṃ bhrugu-nandanam  
Chintitaartha-pradaṃ saumyaṃ chintaamaNi-mivaaparam |  
Masa-trayantu vinyaste saakshaat-pashyati jaapakāḥ  
Manasaḥ saṃprasaadena labdhvaa varamanuttamam |  
ANimaadi-guṇairyukto brahma-loka-mavaa-pnuyaat  
Athavaa yoga-siddhiṃ yo dhatu-siddhiṃ cha vaañchati |  
Kuru-kshetre mahendre vaa japeda-yuta-maatmavaan  
Sarva-ashvaushadha-yastasya khecharatvaa-disiddhidaaḥ |  
Rasa-siddhi-pradaash-chaapi sidhyantya-sya na saṃshayaḥ ||

Mahendra-adririva kshetraṃ siddhidam naasti bhootale |  
Jaama-dagnya ivaanyoh'sti na devo bhrutya-vatsalaḥ  
Prasphurad-guṇa-sauvarṇa-raasheenaam janmabhooḥ paraḥ |  
Tatheda-miva varmaanya-ddharmaadi-phaladam na hi  
Kavacheh'smin-sakrujjapte Mantra-vrutti-sahastrajam |  
Phala-maapnotya-vikalam tasmaan-nityam japennaraḥ  
Amantree vaapi mantree vaa bhaargave bhaktimaan-naraḥ |  
Japennitya-midam varma Mantra-siddhi-mavaapnu-yaat  
Saarasvata-midam devi kavacham vaakpradam nruṇaam |  
Mookoh'pi vaagmee bhavati japannetad-gurur-yathaa ||

Nityam parash-vadha-bhrutaḥ kavacha-syaasya dhaaraṇaat |  
Sabhaasu vadataam shreshtho raajñaam bhavati cha priyaḥ  
Vaidikam taantrikam chaiva maantrikam jñaana-muttamam |  
Kavachasyaa-sya jaapeetu brahmajñaanam cha vindati  
Ityeta-duktam kavacham mayaa haihaya-vidvishaḥ |  
Gopaneeya-midam devi mama-atmaasi maNir-yathaa  
Dhanyam yashasya-maayushyam shreekaram pushti-wardhanam |  
Japataam kavacham nityam sarva-saubhaagya-pooritam ||

Iti Shree-vishṇu-yaamale upari-bhaage jaamadagnya-divyaañjana-siddhikalpe  
trayastrim-shatpaṭalaḥ | Shree-bhaargava-arpaṇa-mastu ||  
Shree-bhaargava kavacham-saṃpoornam



## Purusha Sookta Swaahakaar

1. OM Sahastra sheershaa purusha-ha sahastra-aksha-ha sahastra-paat |  
Sa bhoomim vishwato vrutva-itya-tishthad-dasha-angulam Swaaha ||
2. OM Purusha evedam sarvaeen yad-bhootaeen yaccha bhavyam |  
Oota-amrutat-tvasye-shaano yad-annena-ati-rohati Swaaha ||
3. OM Etaa-vaanasya mahimaa-ato jyaayaansh-cha poorusha-ha |  
Paado-asya vishwaa bhootaani tri-paad-asya-amrutam divi Swaaha ||
4. OM Tri-paad-oordhwa udaeet-purusha-ha paado-asyeha-abhavat puna-ha |  
Tato vishwang-vyakraa-mata saashana-anashanay abhi Swaaha ||
5. OM Tasmaad-viraala-jaayata viraajo adhi poorusha-ha |  
Sa jaato itya-richyata paschaad bhoomim-atho pura-ha Swaaha ||
6. OM Yat-purushena havishaa devaa yajnam-atanvata |  
Vasanto itya-aseeda-ajyam greeshma idhma-ha sharad-dh-havi-hi Swaaha ||
7. OM Taeen yajnam bahirshi pra-uukshan purusham jaatam-agrata-ha |  
Tena devaa ayajanta saadhyaa rooshayash-cha ye Swaaha ||
8. OM Tasmaad yajnaat sarva-huta-ha sam-bhrutam prusha-daaajyam |  
Pashoon taaumsh-chakray vaayavyaan aaranyaan graamyash-cha ye Swaaha
9. OM Tasmaad-yajnaat sarva-huta roocha-ha saamaani jajniray |  
Chhandaamsi jajniray tasmaad-yajus-tasmaad-ajaayata Swaaha ||
10. OM Tasmaad-ashwaa ajaayanta ye ke cho-bhayaa-data-ha |  
Gaavo ha jajniray tasmaat tasmaaj-jaataa ajaa-vaya-ha Swaaha ||
11. OM Yat-purusham vya-dadhu-hu katidhaa vya-kalpayan |  
Mukham kimasya kauu baahoo kaa ooru paadaa uchyetey Swaaha ||
12. OM Braahmano-itya mukham-aaseed baahoo raaj-anya-ha kruta-ha |  
Ooru tad-itya yad-vaesh-ya-ha pad bhyaam shoodro ajaayata Swaaha ||
13. OM Chandramaa manaso jaata-s-chaksho-ho sooryo ajaayata |  
Mukhaad-indrash-cha-agnish-cha praanaad vaayur-ajaayata Swaaha ||
14. OM Naabhyaa aaseed-antariksham sheershno dyauu-hu sama-vartata |  
Pad bhyaam bhoomir-disha-ha shrotraat tathaa lokaaun akalpayan Swaaha ||
15. OM Sapta-itya-aasan pari-dhayas-tri-hi sapta samidha-ha krutaa-ha |  
Devaa yad yajnam tan-vaanaa abdhanan purusham pashum Swaaha ||
16. OM Yajnena yajnam-ayajanta devaa-s-taani dhar-maani pratha-maanya-  
aasan | Te ha naakam mahimaa-na-ha sa-chanta yatra poorve saadh-yaa-ha  
santi devaa-ha Swaaha ||



## Vishṇu Sookta Swaahakaar

1. OM Ato devaa avantu no yato vishṇur-vichakrame |  
Pruthiv-yaa-ḥa sapta-dhaama-bhiḥ Swaaha ||
2. OM Idam vishnur-vicha-kramay tredhaa nidadhay padam |  
Sa-moolaham-asya paangsuray Swaaha ||
3. OM Treeni padaa vicha-kramay vishnur-gopaa-adaa-bhya-ha |  
Ato dharnaani dhaarayan Swaaha ||
4. OM Vishno-ho karmaani pashyata yato vrataani paspashay |  
Indrasya yujya-ha sakhaa Swaaha ||
5. OM Tad-vishno-ho paramam padam sadaa pashyanti sooraya-ha |  
Diveeva chakshuraa-tatam Swaaha ||
6. OM Tad-vipraaso vipanyavo jaagru-vaamsa samin-dhatey |  
Vishnor-yat paramam padam Swaaha ||



## Shree GaNapati Atharvasheersha Swaahakaar

### Shanti Paath

Om Bhadram karnebhi-hi shrunu-yaam devaa-ha |  
Bhadram pashyem-aaksha-bhir yajatraa-ha |  
Sthira-ir-angais-tushthu-vaam-sas-tanoobhi-hi  
vyashema deva-hitayai yad-aayu-hu ||  
Om Swasti na-ha indro vruddha-shravaa-ha |  
Swasti na-ha pooshaa vishwa-vedaa-ha |  
Swasti nas-taarkshyo arishta-nemi-hi |  
Swasti no bruhaspatir-dadhaatu ||  
Om Shaantih Shaantih Shaantih ||

### GaNapati Atharvasheersha

1. Om Namas-tey GaNa-pataye | Twam-eva pratyaksham tat-tvam-asi | Twam-eva kevalam kartaa-asi | Twam-eva kevalam dhartaa-asi | Twam-eva kevalam hartaa-asi | Twam-eva sarvam khalv-idam brahmaa-asi | Twam saakshaad-  
aatma-asi nityam Swaaha
2. Om Rootam vachmi | Satyam vachmi Swaaha
3. Om Ava-tvam maam | Ava vaktaaram | Ava shrotaaram | Ava daataaram | Ava  
dhaataaram | Ava-anoochaanam-ava shishyam | Ava paschaattaat | Ava  
purastaat | Avo-ttaraattaat | Ava dakshinaattaat | Ava ch-ordhvaattaat |  
Ava-adharaattaat | Sarvato maam paahi paahi samantaat Swaaha
4. Om twam vaang-maya-s-twam chinmaya-ha | Twam-aananda-maya-s-twam  
brahma-maya-ha | Twam sacchid-aananda-adviteeyo-asi | Twam pratyaksham  
brahma-asi | Twam jnaana-mayo vijnaana-mayo-asi Swaaha
5. Om sarvam jagad-idam twatto jaayate | Sarvam jagad-idam twattas-tishthati |  
Sarvam jagad-idam twayi layameshyati | Sarvam jagad-idam twayi pratyeti |  
Twam bhumir-aapo-analo-anilo nabha-ha | Twam chatvaari vaak-padaani  
Swaaha
6. Om twam guna-traya-ateeta-ha | Twam deha traya-ateeta-ha | Twam kaala-  
traya-ateeta-ha | Twam moola-aadhaara-sthito-asi nityam | Twam shakti-traya-  
aatmaka-ha | Twam yogino dhyaayanti nityam | Twam brahmaa twam  
vishnu-s-twam rudra-s-twam-indra-s-twam-agni-s-twam vaayu-s-twam



- soorya-s-twam chandramaa-s-twam brahma-bhoor-bhuva-ha svara-Om  
Swaaha
7. Om GaNa-aadim poorvam-uchchaarya varna-aadim tad-anantaram |  
Anuswaara-ha paratara-ha | Ardhendu-lasitam | Taarena ruddham | Etat-tava  
manu-swaroopam | Ga-kaara-ha poorva-roopam | A-kaaro madhyama-roopam  
| Anusvaara-s-cha-antya-roopam | Bindur-oottara-roopam | Nada-ha  
sandhaanam | Samhita sandhi-hi | Sa-eshaa ganesha vidyaa | GaNaka rushi-hi  
| Nichrud gaayatree chhanda-ha | GaNapatir-devataa | Om Gaaaaum GaNa-  
pataye nama-ha Swaaha
  8. Om Eka-dantaaya vidmahe vakra-tundaaya dheemahi | Tan-no danti-hi  
prachodayaat Swaaha
  9. Om Eka-dantam chatur-hastam paasham-angkusha dhaarinam | Radam cha  
varadam hastaeir-bibhraanam mooshaka-dhwajam | Raktam lambodaram  
shoorpa-karnakam rakta-vaasasam | Rakta-gandha-anulipta-aangam rakta-  
pushpaei-hi su-poojitam | Bhaktaa-anukampinam devam jagat-kaaranam-  
achyutam | Aavir-bhootam cha srushtya-aadau prakrute-he purushaat-param |  
Evam dhyaayati yo nityam sa yogi yoginaam vara-ha Swaaha
  10. Om namo vraata-pataye | Namom GaNa-pataye | Nama-ha pramatha-pataye |  
Namas-te-astu lambodaraaya eka-dantaaya vighna-naashinay shiva-  
sutaaya varada-moortaye namo nama-ha Swaaha

## **Phalashruti**

Etat-atharvasheersham yo-adheete |  
Sa brahma-bhooyaaya kalpatey |  
Sa sarvata-ha sukham-edhatey |  
Sa sarva-vighnaeir-na baadhyatey |  
Sa pancha-mahaa-paapaat pramuchyatey  
Saayam-adheeyaano divasa-krutam paapam naashayati |  
Praatar-adheeyaano raatri-krutam paapam naashayati |  
Saayam-praata-ha prayun-jjaano apaapo bhavati |  
Sarvatra-adheeyaano-apavighno bhavati |  
Dharma-artha-kaama-moksham cha vindati  
Idam-atharvasheersham-ashishyaaya na deyam |  
Yo yadi mohaad-daasyati sa paapeyaan-bhavati |  
Sahasra-avartanaat yam yam kaamam-adheetey | Tam tam-anena saadhayet | |  
Anena GaNapatim-abhishinchati sa vaagmi bhavati |  
Chaturthyaam-anashan-japati sa vidyaavaan-bhavati |



Itya-atharvana-vaakyam | Brahma-aadya-avaranam vidyaat |  
Na bibheti kadaachaneti | |  
Yo doorvaa-angkurair-yajati sa vaeisharavano-pamo bhavati |  
Yo laajaer-yajati sa yeshovaan-bhavati |  
Sa medhaavaan-bhavati | Yo modaka-sahasrena yajati |  
Sa vaanchita-phalam-avaapnoti | Ya-ha saajya-samidbhir-yajati |  
Sa sarvam labhate sa sarvam labhate  
Ashtau braahmaan sanyag-graahayitvaa soorya-varchasvee bhavati |  
Soorya-grahe mahaa-nadyaam pratimaa-sannidhau vaa  
japatvaa sidhdhha mantr bhavati | Mahaa-vingnaat-pramucchyate |  
Mahaa-doshaat-pramucchyate |  
Mahaa-paapaat-pramucchyate |  
Sa sarvavid-bhavati sa sarva-vidbhavati |  
Ya evam veda ity-upanishad |

## Shanti Paath

Om Bhadram karnebhi-hi shrunu-yaam devaa-ha |  
Bhadram pashyem-aaksha-bhir-yajatraa-ha |  
Sthira-ir-angais-tushthu-vaam-sas tanoobhi-hi  
vyashema deva-hitayai yad-aayu-hu | |  
Om Swasti na-ha indro vruddha-shravaa-ha |  
Swasti na-ha pooshaa vishwa-vedaa-ha |  
Swasti nas-taarkshyo arishta-nemi-hi |  
Swasti no bruhaspatir-dadhaatu ||  
Om Shaantih Shaantih Shaantih ||



## Rudra Yag - Namakam

Om idaa dēvahoor-manur-yajñaneer-bruhaspati rukthaa-madaani shagam̐-sishad  
vishvēdēvaah sookta-vaachah Pruthivee maatarmaa maa higam̐-seermadhu  
manishyē madhu janishyē madhu vakshyaami madhu vadishyaami madhumateem  
dēvēbhyō vaacha-mudyaasagam̐ shushroo-shēṇyaam manushyē-bhyastam maa  
dēvaa avantu shōbhaayai pitarōnumadantu

Om Shaantih Shaantih Shaantih

Om Namō Bhagavatē Rudraaya – 3 Times

1. Om namastē rudra man'yava utō ta ishavē namah |  
Namastē astu dhanvanē baahubhyaa-muta tē namah Swaaha
2. Yaa ta ishuh shivatamaa shivam̐ babhoova tē dhanuh |  
shivaa sharavyaa yaa tava tayaa nō rudra mruḍaya Swaaha
3. Yaa tē rudra shivaa tanoo-raghōraapaapakaashinee |  
tayaa nastanuvaa shantamayaa girishantaabhi-chaakasheehi Swaaha
4. Yaamishum̐ giri-shantahastē bibharshyastavē |  
shivaam̐ giritra taam̐ kuru maa higam̐seeh Purusham̐ jagat Swaaha
5. shivēna vachasaa tvaa girishaacchaa vadaamasi |  
yathaa nah Sarva-mijjaga-daya-kshmagm̐ sumanaa asat Swaaha
6. Adhya-vōcha-daddivaktaa prathamō daivyō bhishak |  
aheegm̐shcha sarvaañjam-bhayan-tsarvaashcha yaatudhaan'yah Swaaha
7. Asau yastaamrō aruṇa uta babhruh Sumaṅgalah | Yē cēmaagm̐ rudraa  
abhitō dikshu shritaah Sahasrashō-vaishaagm̐-hēḍa eemahē Swaaha
8. Asau yōvasarpati neelagreevō vilōhitah | Utainam̐ gōpaa adrushann-  
adrushannu-dahaaryah | Utainam̐ vishvaa bhootaani sa drushtō mruḍayaati  
nah Swaaha
9. Namō astu neela-greevaaya sahasra-akshaaya meedhushē |  
athō yē asya satvaanō ham̐ tēbhyō-karam̐ namah Swaaha
10. Pramuñcha dhanva-nastva-mubhayō-raartni-yōrjyaam |  
yaashcha tē hasta ishavaah Paraa taa bhagavō vapa Swaaha
11. Avatatya dhanustvagm̐ sahasraaksha shatēshudhē |  
nisheerya shalyaanaam̐ mukhaa shivō nah sumanaa bhava Swaaha
12. Vijyam̐ dhanuh Kapardinō vishalyō baaṇavaag-m̐uta |  
anēshanna-syēshava aabhurasya nishaṅgathih Swaaha
13. Yaa tē hētir-meedhushtama hastē babhoova tē dhanuh |  
Tayaasmaan-vishva-tastvam̐ yakshmayaa paribbhujā Swaaha
14. Namastē astvaayudhaayaa-naatataaya dhrushṇavē |



- Ubhaa-bhyaamuta tē namō baahu-bhyaam tava dhanvanē Swaahaa  
15. Pari tē dhanvanō hētirasmaan-vruṇaktu vishvatah |  
Athō ya ishudhista-vaarē asmanni-dhēhi tam Swaaha || 1
16. Namō hiraṇyabaahavē sēnaan'yē dishaan̄cha patayē namō Swaaha  
17. Namō vrukshēbhyō hari-kēshēbhyah Pashoonaam patayē namō Swaaha  
18. Namah Sasiñja-raaya tvishee-matē patheenaam patayē namō Swaaha  
19. Namō babhlushaaya vivyaadhinē-nnaanaam patayē namō Swaaha  
20. Namō hari-kēshaayō-paveetinē pushṭaanaam patayē namō Swaaha  
21. Namō bhavasya hētyai jagataam patayē namō Swaaha  
22. Namō rudraa-yaatataavinē kshētraaṇaam patayē namō Swaaha  
23. Namaḥ sootaayaa-hantyaaya vanaanaam patayē namō Swaaha  
24. Namō rōhitaaya sthapatayē vrukshaaṇaam patayē namō Swaaha  
25. Namō mantriṇē vaaNijaaya kakshaaṇaam patayē namō Swaaha  
26. Namō bhuvantayē vaari-vaskrutaa-yaushadheenaam patayē namō Swaaha  
27. Nama ucchair-ghōshaa-yaakrandayatē patteenaam patayē namō Swaaha  
28. Namah Krutsna-veetaaya dhaavatē satvanaam patayē namah Swaaha || 2
29. Namah Sahamaanaaya nivyaadhina aavyaadhi-neenaam patayē namō  
Swaaha  
30. Namah Kakubhaaya nishaṅgiṇē-stēnaanaam patayē namō Swaaha  
31. Namō nishaṅgiṇa ishudhimatē taskaraaṇaam patayē namō Swaaha  
32. Namō vañchatē parivañchatē staayoonaam patayē namō Swaaha  
33. Namō nicēravē paricharaa-yaaraṇyaa-naam patayē namō Swaaha  
34. Namah Srukaa-vibhyō jighaagm̄-sadbhyō mushṇataam patayē namō Swaaha  
35. Namō-simadbhyō naktam charadbhyah Prakruntaa-naam patayē namō  
Swaaha  
36. Nama ushNeeshiṇē giricharaaya kulun̄chaa-naam patayē namō Swaaha  
37. Nama ishumadbhyō dhanvaa-vibhyashcha vō namō Swaaha  
38. Nama aatanvaa-nēbhyaḥ prati-dadhaanē-bhyashcha vō namō Swaaha  
39. Nama aayacchad-bhyō visrujad-bhyashcha vō namō Swaaha  
40. Namō-syadbhyō vidhyad-bhyashcha vō namō Swaaha  
41. Nama aaseenē-bhyah shayaanē-bhyashcha vō namō Swaaha  
42. Namah Svapadbhyō jaagrad-bhyashcha vō namō Swaaha  
43. Nama-stishṭhadbhyō dhaavad-bhyashcha vō namō Swaaha  
44. Namah Sabhaa-bhyah Sabhaa-patibhyashcha vō namō Swaaha  
45. Namō ashvēbhyō-shvapati-bhyashcha vō namah Swaaha || 3





46. Nama aavyaadhineebhyō vividhyantee-bhyashcha vō namō Swaaha
47. Nama ugaṇaa-bhyastrugm̐-hateebhyashcha vō namō Swaaha
48. Namō grutsēbhyō grutsa-patibhyashcha vō namō Swaaha
49. Namō vraatēbhyō vraata-patibhyashcha vō namō Swaaha
50. Namō gaṇēbhyō gaṇapati-bhyashcha vō namō Swaaha
51. Namō viroopēbhyō vishva-roopēbhyashcha vō namō Swaaha
52. Namō mahadbhyah Kshulla-kēbhyashcha vō namō Swaaha
53. Namō rathibhyō rathē-bhyashcha vō namō Swaaha
54. Namō rathēbhyō ratha-patibhyashcha vō namō Swaaha
55. Namah Sēnaabhyah Sēnaani-bhyashcha vō namō Swaaha
56. Namah Kshattru-bhyah Saṅgru-heetru-bhyashcha vō namō Swaaha
57. Nama-staksh-abhyō ratha-kaarē-bhyashcha vō namō Swaaha
58. Namah Kulaalēbhyah Karmaa-rēbhyashcha vō namō Swaaha
59. Namah Puñjishṭē-bhyō nishaa-dēbhyashcha vō namō Swaaha
60. Nama ishukrudbhyō dhanva-krudbhyashcha vō namō Swaaha
61. Namō mruga-yubhyah shvanibhyashcha vō namō Swaaha
62. Namah shvabhyah shvapati-bhyashcha vō namah Swaaha || 4
  
63. Namō bhavaaya cha rudraaya cha Swaaha
64. Namah sharvaaya cha pashupatayē cha Swaaha
65. Namō neela-greevaaya cha shiti-kaṇṭhaaya cha Swaaha
66. Namah Kapardinē cha vyupta-kēshaaya cha Swaaha
67. Namah Sahasraa-kshaaya cha shata-dhanvanē cha Swaaha
68. Namō girishaaya cha shipivishṭaaya cha Swaaha
69. Namō meedhusṭa-maaya cēshumatē cha Swaaha
70. Namō hrasvaaya cha vaamanaaya cha Swaaha
71. Namō bruhatē cha varsheeyasē cha Swaaha
72. Namō vrud'dhaaya cha sanvrudhvanē cha Swaaha
73. Namō agriyaaya cha prathamaaya cha Swaaha
74. Nama aashavē chaajiraaya cha Swaaha
75. Namah sheeghriyaaya cha sheebhyaaya cha Swaaha
76. Nama oormyaaya chaavasvan'yaaya cha Swaaha
77. Namah Strōtasyaaya cha dveepyaaya cha Swaaha || 5



78. Namō jyēshṭhaaya cha kanishṭhaaya cha Swaaha
79. Namah Poorvajaaya chaaparajaaya cha Swaaha
80. Namō madhyamaaya chaapa-galbhaaya cha Swaaha
81. Namō jaghan'yaaya cha budhniyaaya cha Swaaha
82. Namah Sōbhyaaya cha pratisaryaaya cha Swaaha
83. Namō yaamyaya cha kshēmyaya cha Swaaha
84. Nama urvaryaaya cha khalyaaya cha Swaaha
85. Namah shlōkyaya chaavaasaan'yaaya cha Swaaha
86. Namō van'yaaya cha kakshyaaya cha Swaaha
87. Namah shravaaya cha pratishravaaya cha Swaaha
88. Nama aashushēṇaaya chaashurathaaya cha Swaaha
89. Namah shooraaya chaavabhindatē cha Swaaha
90. Namō varmiṇē cha varoothinē cha Swaaha
91. Namō bilminē cha kavachinē cha Swaaha
92. Namah shrutaaya cha shrutasēnaaya cha Swaaha || 6
  
93. Namō dundu-bhyaaya chaaha-nan'yaaya cha Swaaha
94. Namō dhrushṇavē cha pramrushaaya cha Swaaha
95. Namō dootaaya cha prahitaaya cha Swaaha
96. Namō nishaṅgiṇē cēshudhimatē cha Swaaha
97. Nama-steekshṇēshavē chaayudhinē cha Swaaha
98. Namah Svaayu-dhaaya cha sudhanvanē cha Swaaha
99. Namah Srutyaaya cha pathyaaya cha Swaaha
100. Namah Kaatyaaya cha neepyaaya cha Swaaha
101. Namah Soodyaaya cha sarasyaaya cha Swaaha
102. Namō naadyaaya cha vaishantaaya cha Swaaha
103. Namah Koopyaaya chaavaṭayaaya cha Swaaha
104. Namō varshyaaya chaavarshyaaya cha Swaaha
105. Namō mēghyaaya cha vidyutyaaya cha Swaaha
106. Nama eeghriyaaya chaatapyaya cha Swaaha
107. Namō vaatyaaya cha rēshmiyaaya cha Swaaha
108. Namō vaastavyaaya cha vaastupaaya cha Swaaha || 7
  
109. Namah Sōmaaya cha rudraaya cha Swaaha
110. Namas-taamraaya chaaruṇaaya cha Swaaha
111. Namah shaṅgaaya cha pashupatayē cha Swaaha
112. Nama ugraaya cha bheemaaya cha Swaaha



113. Namō agrēva-dhaaya cha doorē-vadhaaya cha Swaaha
114. Namō hantrē cha haneeyasē cha Swaaha
115. Namō vrukshēbhyō hari-kēshēbhyō Swaaha
116. Namasta-araaya namaḥ Swaaha
117. Namah shambhavē cha mayōbhavē cha Swaaha
118. Namah shaṅka-raaya cha mayas-karaaya cha Swaaha
119. Namah shivaaya cha shiva-taraaya cha Swaaha
120. Namas-teerth-yaaya cha kool-yaaya cha Swaaha
121. Namah Paar-yaaya chaavaar-yaaya cha Swaaha
122. Namah Pratara-ṇaaya cōttara-ṇaaya cha Swaaha
123. Nama aataar-yaaya chaalaadyaaya cha Swaaha
124. Namah shash-pyaaya cha phēn'yaaya cha Swaaha
125. Namah Sikat-yaaya cha pravaahyaaya cha Swaaha || 8
  
126. Nama iriṇyaaya cha prapathyaaya cha Swaaha
127. Namah Kigam̃-shilaaya cha kshayaṇaaya cha Swaaha
128. Namah Kapardinē cha pulastayē cha Swaaha
129. Namō gōshṭhyaaya cha gruhyayaaya cha Swaaha
130. Namas-talpyaaya cha gēhyaaya cha Swaaha
131. Namah Kaatyaaya cha gahvarēshṭhaaya cha Swaaha
132. Namō hrudayyaaya cha nivēshpyaaya cha Swaaha
133. Namah Paagm̃-savyaaya cha rajasyaaya cha Swaaha
134. Namah shushkyaaya cha harityaaya cha Swaaha
135. Namō lōpyaaya cōlapyayaaya cha Swaaha
136. Nama oorvyaaya cha soormyaaya cha Swaaha
137. Namah Parṇyaaya cha parṇashadyaaya cha Swaaha
138. Namō-pagura-maṇaaya chaabhighnatē cha Swaaha
139. Nama aakkhidatē cha prakkhidatē cha Swaaha
140. Namō vah Kirikēbhyō dēvaanaagñ hrudayēbhyō Swaaha
141. Namō viksheṇakēbhyō Swaaha
142. Namō vichinvatkē-bhyō Swaaha
143. Nama aanir'hatē-bhyō Swaaha
144. Nama aameevatkē-bhyaḥ Swaaha || 9
  
145. Draapē andha-saspatē daridra-nneelalōhita | ēshaam purusha-ṇaam-ēshaam  
pashoonaam maabhēr-maarō mō ēshaam kim cha naa-mamat Swaaha
146. Yaa tē rudra shivaa tanooḥ shivaa vishvaaha-bhēshajee |



- shivaa rudrasya bhēshajee tayaa nō mruḍa jeevasē Swaaha
147. Imaagm̃ rudraaya tavasē kapardinē kshaya-dveeraaya prabharaa-mahē-matim  
| yathaa nah shamasad dvipadē chatushpadē vishvam̃ pushtam̃ graamē  
asminna-naaturam Swaaha
148. Mruḍaa nō rudrō tanō mayaskrudhi kshaya-dveeraaya namasaa vidhēma tē |  
yaccham̃ cha yōshcha manuraayajē pitaa tada-shyaama tava rudra praNeetau  
Swaaha
149. Maa nō mahaanta-muta maa nō arbhakam̃ maa na ukshanta-muta maa na  
ukshitam̃ | maa nō vadheeh Pitaram̃ mōta maataram̃ priyaa maa nastanuvō  
rudra reerishah Swaaha
150. Maa nastōkē tanayē maa na aayushi maa nō gōshu maa nō ashvēshu  
reerishah | Veeraan-maa nō rudra bhaamitō vadheer'ha-vishmantō namasaa  
vidhēma tē Swaaha
151. Āraattē gōghna uta purushagnē kshaya-dveeraaya sumna-masmē tē astu |  
rakshaa cha nō adhi cha dēva broohyadhaa cha nah sharma yaccha  
dvibar'haah Svaahaa | |
152. Stuhi shrutam̃ gartasadam̃ yuvaanam̃ mrugam̃ na Bheema-mupahatnu-  
mugram̃ | mruḍaa jaritrē rudra-stavaanō an'yam̃ tē asmanniva-pantu sēnaah  
Svaahaa | |
153. Pariṇō rudrasya hētir-vruṇaktu pari tvēshasya durmati-raghaayōh | Avasthiraa  
maghavad-bhyastanushva meedhva-stōkaaya tanayaaya mruḍaya Swaaha
154. Meedhushtama shivatama shivō nah Sumanaa bhava | paramē vruksha  
aayudham̃ nidhaaya kruttim̃ vasaana aachara pinaakam̃ bibhra-daagahi  
Svaahaa | |
155. Vikirida vilōhita namastē astu bhagavah | Yaastē sahasra-gm̃-hētayō-  
n'yamasman-nipantu taah Swaaha
156. SahasraaNi sahasradhaa baahuvōstava hētayah | Taasaa-meeshaanō  
bhagavah Paraacheenaa mukhaa krudhi Swaaha | | 10
157. SahasraaNi saashtra-shō yē rudraa adhi bhoomyaam |  
tēshaagm̃ sahasra-yōjanē vadhanvaani tanmasi Swaaha
158. Asmin-mahatyar-ṇavēn-tarikshē bhavaa adhi |  
tēshaagm̃ sahasra-yōjanē vadhanvaani tanmasi Swaaha
159. Neela-greevaah shiti-kaṇṭhaah sharvaa adhah Kshamaa-charaah |  
Tēshaagm̃ sahasra-yōjanē vadhanvaani tanmasi Swaaha
160. Neela-greevaah shiti-kaṇṭhaa divagm̃ rudraa upashritaah |  
Tēshaagm̃ sahasra-yōjanē vadhanvaani tanmasi Swaaha



161. Yē vru-kshēshu saspīñjaraa neela-greevaa vilōhitaah |  
Tēshaagm̃ sahasra-yōjanē vadhanvaani tanmasi Swaaha
162. Yē bhootaanaa-madhipatayō vishikhaasah Kapardinah |  
Tēshaagm̃ sahasra-yōjanē vadhanvaani tanmasi Swaaha
163. Yē annēshu vividhyanti paatrēshu pibatō janaan |  
tēshaagm̃ sahasra-yōjanē vadhanvaani tanmasi Swaaha
164. Yē pathaam pathi-rakshaya aila-brudaa yavyudhah |  
Tēshaagm̃ sahasra-yōjanē vadhanvaani tanmasi Swaaha
165. Yē teerthaani pracharanti srukaa-vantō nishaṅgiṇah |  
Tēshaagm̃ sahasra-yōjanē vadhanvaani tanmasi Swaaha
166. Ya ētaa-vantashcha bhooyaagm̃ sashcha dishō rudraa vitasthirē |  
tēshaagm̃ sahasra-yōjanē vadhanvaani tanmasi Swaaha
167. Namō rudrēbhyō yē pruthivyaam yēntarikshē yē divi yēshaa-mannaṁ vaatō  
Varsha-mishavastēbhyō dashaḥ praacheer-dasha dakshiṇaa dasha prateecheer-  
dashōdicheer-dashōrdhvaa-stēbhyō namastē nō mruḍayantu tē yaṁ dvishmō  
yashcha nō dvēshṭi taṁ vō jambhē dadhaami Swaaha 11



## Rudra Yag - Chamaka Prashnah

Om agnaa-vishṇoo sajōsha-sē maa vardhantu vaam girah | Dyumnair-vaajē-  
bhiraagatam

1.Vaaja-shcha mē prasava-shcha mē prayati-shcha mē prasiti-shcha mē dheeti-  
shcha mē kratu-shcha mē svara-shcha mē shlōka-shcha mē shraava-shcha mē  
shruti-shcha mē jyōti-shcha mē suva-shcha mē praaṇa-shcha mēpaanascha-shcha  
mē vyaana-shcha mēsu-shcha mē chittaṁ cha ma aadheetaṁ cha mē vaakcha mē  
mana-shcha mē chakshu-shcha mē shrōtraṁ cha mē daksha-shcha mē balaṁ cha  
ma oja-shcha mē saha-shcha ma aayu-shcha mē jaraa cha ma aatmaa cha mē  
tanoo-shcha mē sharma cha mē varma cha mēṅgaani cha mēsthaani cha mē  
parogm̃ shi cha mē shareeraaNi cha mē Swaaha

2.Jyaishṭhyaṁ cha ma aadhipatyam̃ cha mē man'yu-shcha mē bhaama-shcha mēma-  
shcha mēmbha-shcha mē jēmaa cha mē mahimaa cha mē varimaa cha mē  
prathimaa cha mē varshmaa cha mē draaghuyaa cha mē vrud'dham̃ cha mē  
vrud'dhi-shcha mē satyam̃ cha mē shrad'dhaa cha mē jagaccha mē dhanam̃ cha mē  
vasha-shcha mē tvishi-shcha mē kreedāa cha mē mōda-shcha mē jaataṁ cha mē  
janishyamaaṇam̃ cha mē sooktam̃ cha mē sukrutam̃ cha mē vittam̃ cha mē vēdyam̃  
cha mē bhootam̃ cha mē bhavishyaccha mē sugam̃ cha mē supatham̃ cha ma  
rud'dham̃ cha ma rud'dhi-shcha mē kluptam̃ cha mē krupti-shcha mē mati-shcha  
mē sumati-shcha mē Swaaha

3.sham̃ cha mē maya-shcha mē priyam̃ cha mēnukaama-shcha mē kaama-shcha mē  
saumana-shcha mē bhadram̃ cha mē shrēya-shcha mē vasya-shcha mē yasha-shcha  
mē bhaga-shcha mē draviṇam̃ cha mē yantaa cha mē dhartaa cha mē kshēma-shcha  
mē dhruṭi-shcha mē vishvam̃ cha mē maha-shcha mē sanviccha mē jñaatram̃ cha mē  
soo-shcha mē prasoo-shcha mē seeram̃ cha mē laya-shcha ma rutam̃ cha mēmrutam̃  
cha mēyakshmam̃ cha mēnaamayaccha mē jeevaatu-shcha mē deerghaayutvam̃ cha  
mēnamitram̃ cha mēbhayam̃ cha mē sugam̃ cha mē shayanam̃ cha mē sooshaa cha  
mē sudinam̃ cha mē Swaaha

4.Ūrkcha mē soonrutaa cha mē paya-shcha mē rasa-shcha mē ghrutam̃ cha mē  
madhu cha mē sagdhi-shcha mē sapeeti-shcha mē krushi-shcha mē vrusṭi-shcha  
mē jaitram̃ cha ma audbhidyam̃ cha mē rayi-shcha mē raaya-shcha mē pusṭam̃ cha  
mē pusṭi-shcha mē vibhu cha mē prabhu cha mē bahu cha mē bhooya-shcha mē  
poorṇam̃ cha mē poorṇataram̃ cha mēkshiti-shcha mē kooyavaa-shcha mēnnaṁ cha  
mē kshuccha mē vreehaya-shcha mē yavaa-shcha mē maashaa-shcha mē tilaa-



shcha mē mudgaa-shcha mē khalvaa-shcha mē gōdhoomaa-shcha mē masuraa-shcha mē priyaṅgava-shcha mēṇava-shcha mē shyaamaakaa-shcha mē neevaaraa-shcha mē Swaaha

5.Āshmaa cha mē mruttikaa cha mē giraya-shcha mē parvataa-shcha mē sikataa-shcha mē vanaspataya-shcha mē hiraṇyaṁ cha mēya-shcha mē seesaṁ cha mē trapu-shcha mē shyaamaṁ cha mē lōhaṁ cha mēgni-shcha ma aapa-shcha mē veerudha-shcha ma ośhadhaya-shcha mē krushtaṭapachyaṁ cha mēkrushtaṭapachyaṁ cha mē graamyaa-shcha mē pashava aaraṇyaa-shcha yajñēna kalpantaṁ vittaṁ cha mē vitti-shcha mē bhootaṁ cha mē bhooti-shcha mē vasucha mē vasati-shcha mē karma cha mē shakti-shcha mērtha-shcha ma ēma-shcha ma iti-shcha mē gati-shcha mē Swaaha

6.Agni-shcha ma indra-shcha mē sōma-shcha ma indra-shcha mē savitaa cha ma indra-shcha mē sarasvatee cha ma indra-shcha mē pooshaa cha ma indra-shcha mē bruhaspati-shcha ma indra-shcha mē mitra-shcha ma indra-shcha mē varuṇa-shcha ma indra-shcha mē tvashṭaa cha ma indra-shcha mē dhaataa cha ma indra-shcha mē vishṇu-shcha ma indra-shcha mēshvinau cha ma indra-shcha mē maruta-shcha ma indra-shcha mē vishvē cha mē dēvaa indra-shcha mē pruthivee cha ma indra-shcha mēntarikshaṁ cha ma indra-shcha mē dyau-shcha ma indra-shcha mē disha-shcha ma indra-shcha mē moordhaa cha ma indra-shcha mē prajaapati-shcha ma indra-shcha mē Swaaha

7.Agm̃shu-shcha mē rashmi-shcha mēdaabhya-shcha mēdhipati-shcha ma upaagm̃shu-shcha mēntaryaama-shcha ma aindravaayava-shcha mē maitraavaruṇa-shcha ma aashvina-shcha mē pratiprasthaana-shcha mē shukra-shcha mē manthee cha ma aagrayaṇa-shcha mē vaishvadēva-shcha mē dhruva-shcha mē vaishvaanara-shcha ma rutugrahaa-shcha mētigraahyaa-shcha ma aindraagna-shcha mē vaishvadēva-shcha mē marutvateeyaa-shcha mē maahēndra-shcha ma aaditya-shcha mē saavitra-shcha mē saarasvata-shcha mē paushṇa-shcha mē paatneevata-shcha mē haariyōjana-shcha mē Swaaha

8.Idhma-shcha mē bar'hi-shcha mē vēdi-shcha mē dhishNiyaa-shcha mē srucha-shcha mē Chamasaa-shcha mē graavaaṇaa-shcha mē svarava-shcha ma upavaravaa-shcha mēdhishavaṇē cha mē drōṇakalasha-shcha mē vaayavyaani cha mē pootabhruccha ma aadhavaneeya-shcha ma aagneedhraṁ cha mē havirdhaanaṁ



cha mē gruhaa-shcha mē sada-shcha mē purōḍaashaa-shcha mē pachataa-shcha  
mēvabhṛutha-shcha mē svagaakaara-shcha mē Swaaha

9.Agni-shcha mē dharma-shcha mērka-shcha mē soorya-shcha mē praṇa-shcha  
mēshvamēdha-shcha mē pruthivee cha mēditi-shcha mē diti-shcha mē dyau-shcha  
mē shakvareeraṅgulayō disha-shcha mē yajñēna kalpantaamrukcha mē saama cha  
mē stōma-shcha mē yaju-shcha mē deekshaa cha mē tapa-shcha ma rutu-shcha mē  
vrataṁ cha mēhōraatrayōrvrushtyaa bruhadrathantarē cha mē yajñēna kalpētaam  
Swaaha

10.Garbhaa-shcha mē vatsaa-shcha mē tryavi-shcha mē tryavee cha mē dityavaat  
cha mē dityauhee cha mē pañchaavi-shcha mē pañchaavee cha mē trivatsa-shcha  
mē trivatsaa cha mē turyavaat cha mē turyauhee cha mē pashṭhavaaccha mē  
pashṭhauhee cha ma ukshaa cha mē vashaa cha ma rushabha-shcha mē vēhaccha  
mēnaḍvaañcha mē dhēnu-shcha ma aayuryajñēna kalpataam praṇō yajñēna  
kalpataamapaanō yajñēna kalpataam vyaanō yajñēna kalpataam chakshuryajñēna  
kalpataam shrōtram yajñēna kalpataam manō yajñēna kalpataam vaagyajñēna  
kalpataam aatmaa yajñēna kalpataam yajñō yajñēna kalpataam Swaaha

11.Ēkaa cha mē tisra-shcha mē pañcha cha mē sapta cha mē nava cha ma  
ēkaadasha cha mē trayōdasha cha mē pañchadasha cha mē saptadasha cha mē  
navadasha cha ma ēkavigmśhati-shcha mē trayōvigmśhati-shcha mē  
pañchavigmśhati-shcha mē saptavigmśhati-shcha mē navavigmśhati-shcha ma  
ēkatrigmśhaccha mē trayastrigmśhaccha mē chatastra-shcha mēshṭau cha mē  
dvaadasha cha mē shōḍasha cha mē vigmśhati-shcha mē chaturvigm śhati-shcha  
mēshṭaavigmśhati-shcha mē dvaatrigmśhaccha mē shaṭtrigmśhaccha mē  
chatvaarigmśhaccha mē chata Catu-shchatvaarigmśhaccha  
mēshṭaachatvaarigmśhaccha mē vaaja-shcha prasava-shchaapija-shcha kratu-shcha  
suva-shcha moordhaa cha vyashniya-shchaantyaayana-shchaantya-shcha  
bhauvana-shcha bhuvana-shchaadhipati-shcha Swaaha

ōm iḍaa dēvahoormanuryajñaneerbruhaspatirukthaamadaani shagamśishad  
vishvēdēvaah sooktavaachah Pruthivee maatarmaa maa higmśeermadhu manishyē  
madhu janishyē madhu vakshyaami madhu vadishyaami madhumateem dēvēbhyō  
vaaChamudyaasagm śhushrooshēṇyaam manushyēbhyastam maa dēvaa avantu  
shōbhaayai pitarōnumadantu  
ōm Shaantih Shaantih Shaantih





## Devi Atharvasheersha Swaahakaar

1. Om sarve vai devaa devee-mupa-tasthuḥ kaasi tvam mahaa-deveeti swaaha
2. Saabraveet - aham brahma-svarupinee | mattaḥ prakruti-purushaa-tmakaḥ jagat | shūnyaḥ chaa-shūnyaḥ cha swaaha
3. Aha-maanandaa-naanandau | aham vijñaa-na-avijñaaane | aham brahmaa-brahmanee veditavye | aham pañcha-bhūtaanya-pañcha-bhūtaani | aham-akhilam jagat swaaha
4. Vedo:'ham-avedo:'ham | vidyaa-ham-avidyaaham | ajaaham-anajaaham | adha-shchordhvaḥ cha tiryak-chaaham swaaha
5. Aham rudre-bhirva-subhi-shcharaami | aham-aadityai-ruta vishva-devaiḥ | aham mitraa-varuṇaa-vubhau bi-bharmi | aham-indraagnee aham-ashvinaa-vubhau swaaha
6. Aham somam tvashtaaram pūshaṇam bhagam dadhaami | aham vishṇu-murukramam brahmaṇa-muta prajaapatim dadhaami swaaha
7. Aham dadhaami draviṇam havishmate supraavye yaja-maanaaya sunvate | aham raashṭree saṁga-manee vasūnaam chikitushee prathamaa yajñi-yaanaam | aham suve pitara-masya mūrdhan-mama yoni-rapsvantaḥ samudre | ya evam veda | sa daiveem sampada-maapnoti swaaha
8. Te devaa abruvan-namo devyai mahaa-devyai shivaa-yai satataḥ namaḥ | namaḥ prakrutyai bhadraayai niyataaḥ praṇataaḥ sma-taam swaaha
9. Taa-magni-varṇaam tapasaa jvalanteem vairo-chaneem karma-phaleshu jushtaam | durgaam deveem sharaṇam prapadyaa-mahe:'suraa-nnaa-shayi-tryai te namaḥ swaaha
10. Deveem vaacha-majanayanta devaa-staam vishva-rupaḥ pashavo vadanti | saa no mandresha-mūrjam duhaanaa dhenurvaa-gasmaa-nupa sushtu-taitu swaaha
11. Kaala-raatreem brahma-stutaam vaishṇaveem skanda-maataram | sarasvateem-aditim daksha-duhitaram namaa-maḥ paavanaam shivaam swaaha
12. Mahaa-lakshmyai cha vidmahe sarva-shaktyai cha dheemahi | Tanno devee pracho-dayaat swaaha
13. Aditirhya-janishṭa daksha yaa duhita tava | Taam devaa anva-jaayanta bhadraa amruta-bandhavaḥ swaaha
14. Kaamo yoniḥ kamalaa vajra-paanir-guhaa hasaa maata-rishvaa-bhra-mindraḥ | punar-guhaa sakalaa maaya-yaa cha puru-chyaishaa vishva-maataadi-vidyom swaaha



15. Eshaa-atmashaktiḥ | eshaa vishva-mohinee | pasha-aṅkusha-dhanur-baṇa-dharaa | eshaa shree-mahaa-vidyaa | ya evaṃ veda sa shokaṃ tarati swaaha
16. Namaste astu bhagavati maata-rasmaan paahi sarva-taḥ swaaha
17. Saishaa-shṭau vasavaḥ | sai-shai-kaa-dasha rudraaḥ | saishaa dvaa-dasha-adityaaḥ | saishaa vishve-devaaḥ somapaa a-somapaa-shcha | saishaa yaatu-dhaanaa asuraa rakshaamṣi pishaachaa yakshaḥ siddhaaḥ | saishaa sattva-rajas-tamaamṣi | saishaa brahma-vishṇu-rudra-rūpinee | saishaa prajaa-pateendra-manavaḥ | saishaa graha-nakshatra-jyotiṃshi | kalaa-kaashṭhaadi-kaala-rūpinee | taamaham praṇaumi nityam swaaha
18. Paapaapa-haariniṃ deveeṃ bhukti-mukti-pradaayi-neem | Anantaam vijayaam shuddhaam sharaṇyaam shivadaam shivaam swaaha
19. Viya-deekaara-saṃ-yuktaṃ veeti-hotra-samanvitam | Ardhendu-lasitaṃ devyaa beejaṃ sarvaartha-saadhakam swaaha
20. Eva-mekaa-ksharam brahma yatayaḥ shuddha-chetasah | Dhyaayanti paramaanandamayaa jñanaamburaashayaḥ swaaha
21. Vaan gamaayaa brahmasūstasmaat shashṭham vaktrasamanvitam | sūryo:'vaamashrotrabimḍusamyuktashtaattruteeyakah | naaraayanena sammishro vaayushchaadharayuk tataḥ | Vicche navaarṇako:'rṇah syaanmahadaanandadaayakah swaaha |
22. Hrutpuṇḍareekamadyasthaam praataḥsūryasamaprabhaam | paashaankushadharaam saumyaam varadaabhayahastakaam | Trinetraam raktavasanaam bhaktakaamadudhaam bhaje swaaha
23. Namaami tvaam mahaadeveeṃ mahaabhayavinaashineem | mahaadurgaprashamaneem mahaakaaruṇyarūpineem swaaha
24. Yasyaḥ svarūpaṃ brahmaadayo na jaananti tasmaa-duchyate ajñeyaa | yasyaa anto na labhyate tasmaa-duchyate anantaa | yasyaa lakshyam nopa-lakshyate tasmaad-uchyate alakshyaa | yasyaa jananaṃ nopa-labhyate tasmaad-uchyate ajaa | ekaiva sarvatra vartate tasmaad-uchyate ekaa | ekaiva vishva-rupinee tasmaad-uchyate naikaa | ata evochyate ajñeyaa-nantaa-lakshyaa-jaikaa naiketi swaaha
25. Mantraa-ṇaam maatru-kaa devee shabdaa-naam jñana-rūpinee | jñanaa-naam chinmayaa-teetaa shūnyaa-naam shūnya-saakshinee | Yasyaḥ parataram naasti saishaa durgaa prakeertitaa swaaha
26. Taam durgam durga-maam deveeṃ duraachaara-vighaati-neem | Namaami bhava-bheeto:'ham saṃsaara-arṇava-taari-neem swaaha



## Phalashruti

Ida-matharva-sheershaṃ yo:'dheete sa pañcha-atharva-sheersha-japa-phala-  
maapnoti | idam-atharva-sheersha-majñāa-tvaa yo:'r-chaam sthaa-payati – shata-  
lakshaṃ prajatvaapi so:'rchaasiddhiṃ na vindati | shata-mashtottaram chaasya  
purashcharyaa-vidhiḥ smrutaḥ | dasha-vaaram paathe-dyastu sadyaḥ paapaiḥ  
pramuchyate | mahaa-durgaani tarati mahaa-devyaaḥ prasaadataḥ | saayama-  
dheeyaano divasa-krutaṃ paapaṃ naasha-yati | praatara-dheeyaano raatri-krutaṃ  
paapaṃ naasha-yati | saayaṃ praataḥ prayuñ-jaano apaapo bhavati | nisheedhe  
tureeya-saṃdhyaaayaam japtvaa vaak siddhir-bhavati | nūtanāa-yaam pratimāa-yaam  
japtvaa devata-saannidhyaṃ bhavati | praṇa-pratishṭhaa-yaam japtvaa praṇa-  
naam pratishṭhaa bhavati | bhau-maashvin-yaam mahaa-devee-sannidhau japtvaa  
mahaa-mrutyuṃ tarati | sa mahaa-mrutyuṃ tarati ya evaṃ veda | ityupanishat



## Shree Sūkta Swaahakaar

1. Om hiraṇya-varṇaam harineem suvarṇa-rajata-srajaam |  
Chandraam hiraṇ-mayeem lakshmeem jaata-vedo ma-maavaha Swaaha
2. Om taam ma aavaha jaatavedo lakshmee-manapagaa-mineem |  
Yasyaam hiraṇyam vindeyam gaamashvam purusha-naham Swaaha
3. Om ashva-pūrvaam ratha-madhyam hastinaada-pra-bodhineem |  
Shriyam devee-mupahvaye Shreer-maa devee-jushataam Swaaha
4. Om kaam sosmitaam hiraṇya-praakaaraa-maardraam jvalanteem truptaam  
tarpa-yanteem | padme sthitaam padma-varṇaam taa-miho-pahvaye shriyam  
Swaaha
5. Om chandraam prabhaasaam yashasaa jvalanteem shriyam loke deva-jusṭaa-  
mudaaraam | taam padmineemeem sharaṇa-maham prapadye a-lakshmeerme  
nashyataam tvaam vrune Swaaha
6. Om aaditya-varne tapaso:'dhi-jaato Vanaspati-stava vrukshoṭha bilvaḥ | tasya  
phalaani tapasaa nudantu maayaan-tara-ayaashcha baahyaa alakshmeem  
Swaaha
7. Om upaitu maam deva-sakhaḥ keerti-shcha maninaa saha | praadur-  
bhūto:'smi-raashṭre:'smin keerti-mruddhiṃ dadaatu me Swaaha
8. Om kshutpi-paasaam-alaam jyeshṭhaam a-lakshmeem naasha-yaamyam-ham |  
abhūti-masamruddhiṃ cha sarvaam nirṇuda me gruhaat Swaaha
9. Om gaṃdha-dvaaraam duraa-dharshaam nitya-pusṭaam kareeshi-Neem |  
eeshvareem sarva-bhūtaanaam taami-hopahvaye shriyam Swaaha
10. Om manasaḥ kaama-maakūtiṃ vaachaḥ satya-masheemahi | pashūnaam  
rūpa-mannasya mayi Shreeḥ shrayataam yashaḥ Swaaha
11. Om kardamena prajaa-bhūtaa mayi sambhava kardama |  
Shriyam vaasaya me kule maataram padma-maalineem Swaaha
12. Om aapaḥ srujantu snigdhaani chikleeta vasa me gruhe |  
Ni cha deveem maataram shriyam vaasaya me kule Swaaha
13. Om aardraam pushkari-Neem pusṭiṃ suvarṇaam hema-maalineem |  
Sūryaam hiraṇmayeem lakshmeem jaatavedo ma aavaha Swaaha
14. Om aardraam yaḥ-karineem yasṭiṃ pingalaam padma-maalineem |  
Chandraam hiraṇmayeem lakshmeem jaatavedo ma aavaha Swaaha
15. Om taam ma aavaha jaatavedo lakshmee-manapa-gamineem | yasyaam  
hiraṇyam prabhootam gaavo daasyo:'shvaan-vindeyam purusha-naham Swaaha

Yaḥ shuchiḥ prayato bhūtvaa juhu-yaa-dajya-manvham |  
Sūktaṃ pancha-dasharcham cha Shreekaamaḥ satatam japet



## **Ma Mangala Chandika Swaahakaar till Agnihotra**

END RUDRA YAAG WITH AGNIHOTRA  
PERFORM VYHRUTI AFTER AGNIHOTRA

### **Agnihotra**

Mix half spoon of brown rice with ghee (clarified butter made of cow's milk).  
Make 2 portions of it. Then upon Swaaha, offer the rice to the fire.  
Mantras are different for morning and evening Agnihotra

#### **Sunrise - Sūryōdaya Agnihōtra Mantra**

Sūryaaya Swaaha | Sūryaaya Idam Na Mama ||  
Prajaapatayē Swaaha | Prajaapatayē Idam Na Mama ||

#### **Sunset - Sūryaastamaya Agnihōtra Mantra**

Agnayē Swaaha | Agnayē Idam Na Mama ||  
Prajaapatayē Swaaha | Prajaapatayē Idam Na Mama ||

### **Vyaahruti Homam**

Bhoohu Swaaha Agnaye Idam Na Mama |  
Bhuvah Swaaha Vaayave Idam Na Mama |  
Svah Swaaha Suryaaya Idam Na Mama |  
Bhoor-bhuvah Svah Swaaha Prajaapataye Idam Na Mama

### **Meditation**

Meditate after Agnihotra & Vyhruti

### **Closing**

Anantakoti brahmaamda-naayaka raajaadhiraaja yogiraaja shree sacchida anamda  
parabrabrahma sadguru shree swami samartha mahaaraaja ki jai  
Avadhuta chintana shree gurudeva datta swami om  
Deva deveshwar bhagavan parashuram maharaj ki jai  
Param sadguru shree gajanan maharaj ki jai  
Swamimai sadguru dadashree maharaj ki jai  
Ma mangala chandika mata ki jai  
Narmada mayya ki jai  
Samastha guru parampara ki jai  
Narmade har | narmade har | narmade har

-THE END-



BELOW MANTRAS ARE FOR REFERENCE ONLY

## **Kaalikaa Mantra Swaahakaar (108 times)**

Om aim kleem sau: om aim hreem kleem chaamundaayai vicche Swaaha

## **Navaarnava Mantra Swaahakaar (108 times)**

Om aim hreem kleem chaamundaayai vicche Swaaha

## **Kunjikaa Mantra Swaahakaar (108 times)**

Om aim hreem kleem chaamundaayai vicche | om glaum hum kleem jum sah,  
Jvaalaya Jvaalaya jvala jvala prajvala prajvala aim hreem kleem chaamundaayai  
vicche jvala ham Sam lam ksham phat Swaaha | |

## **Mahaamrutyumjaya Mantra Swaahakaar (108 times)**

Om trayambakain yajaamahe | sugamdhim pushtivardhanam | urvaarukamiva  
Bandhanaan | mrutyormuksheeya maamrutaat Swaaha | |

## **Purnaahuti Mantra**

(stand for the following verse)

Om purnamadah purnamidam purnaata purnamudachyate | purnasya  
purnamaadaaya purnamevaavashishyate |

Om sarvam vai purnagan Swaaha | (offer 1/3 of the remaining ghee)

Om sarvam vai purnagan Swaaha | (offer 1/2 of the remaining ghee)

Om sarvam vai purnagan Swaaha | (offer all of the remaining ghee)

Om purnamadah purnamidam purnaata purnamudachyate | purnasya  
purnamaadaaya purnamevaavashishyate |

Om Shaantih Shaantih Shaantih



## Shaanti Mantra

Om asato-maa sad-gamaya | tamaso maa jyotir-gamaya |  
mrutyormaa: amrutam-gamaya |  
Om Shaantih Shaantih Shaantih

Om sahanaa-vavatu saha nau bhunaktu saha-veeryam karavaavahai |  
tejasvinaa-vadheeta-mastu maa vidvishaavahai |  
Om Shaantih Shaantih Shaantih

Sarve: 'pisukhinah santu sarve santu niraamayah |  
sarve bhadraani pashyanttu maa kashchit dukkha-maapnuyaat |  
Om Shaantih Shaantih Shaantih

## Kshamaapana Mantra

Mantra heenam kriya-heenam najaa-naamee tavaa-rchanam | pujaan-chaiva na-  
jaanaamee na-jaanaamee yajanam tathaapi | tvam kaarunya-bhaave mama  
nyunyaadhikam sarvam | kshama-svam kshama-svam Kshama-svam mama-prabho  
kaayena-vaacha mana-saindriyairya bhudhyaatma-naavaa prakrutee sva-bhaavaat |  
karomi yadyat sakalam parasmai shree charanaara vinde samar-payaami

## Shaanti Mantra

Om vaayura-nila-mamru-tama-thedam bhasmaantam shareeram |  
Om krato smara krutam smara krato smara krutam smara

Om agne naya supathaa raaye asmaan-vishvaani deva vayunaani vidvaan |  
yuyodhyasma jjuhuraana-meno bhuyishthaam te nama uktim vidhema  
Om Shaantih Shaantih Shaantih

Yajna-daana-tapah-karma swaadhyaaya-nirato bhavet |  
Esha eva hi shrutyuktah satya-dharmah sanaatanah | |



## Sapta Shlōki

1. Yadaa-srushtaṁ jagat-sarvaṁ tadaa-lōka pitaa-mahaha |  
Chatur-vēda samaa-yuktaṁ shaashvataṁ dharma-maadhisat ||
2. Kim sat-karma kim adhyaat-maṁ yadi vijñāatu marhati |  
Sarva shaastrēshu granthēshu pramaanaṁ paramaṁ shrutihi ||
3. Aspashtaṁ-cha kadaa-spashtaṁ tatva-jñāana vivēchanam |  
Anyatra labhyatē kintu pramaanaṁ paramaṁ shrutihi ||
4. Aarsha granthēshu sarvēshu shruti-praamaanya-mēva cha |  
Sarvataha saara-maadadyaan-nija-kalyaana-hētavē ||
5. Śushka-vaadarataah kēchin-naanya-dastīti-vaadinaha |  
Sarvē tē vilayaṁ yaanti mithyaa-kalaha-kaarinaha ||
6. Naastikaa vēda-nindakaaha paakhaṇḍaa vēda-dooshakaaha |  
Ētē sarvē vinashyanti mithyaa-chaara-pravartakaaha ||
7. Yajña-daana-tapah-karma swaadhyaaya-niratō bhavēt |  
Ēsha ēva hi shrutyuktaha satya-dharmah sanaatanaha ||

## Pancha Saadhana Pratijña

1. Yajñadharmam charaami | daana dharmam charaami | tapō dharmam  
Charaami | karma dharmam charaami | swaadhyaaya dharmam charaami ||
2. Punarapi yajña dharmam charaami | punarapi daana dharmam charaami |  
Punarapi tapō dharmam charaami | punarapi karma dharmam Charaami |  
Punarapi swaadhyaaya dharmam charaami ||
3. Punah punarapi yajña dharmam charaami | Punah punarapi daana dharmam  
charaami | Punah punarapi tapō dharmam charaami | Punah punarapi karma  
dharmam charaami || Punah punarapi swaadhyaaya dharmam charaami ||

## Trisatya Sharanagati

Satyam sharanam gacchaami |  
Satyadharmam sharanam gacchaami |  
Satyadharmasan gham sharanam gacchaami (3 times)  
Om Shaantih Shaantih Shaantih ||